

Trinity Lutheran Church Youth Board  
**Policy on Overnight Stays**

**Adult Leaders**

- Adult Leaders must be **21 years of age or older**.
- Anyone under the age of 21 may volunteer but must have supervision.
- Any event should normally have at least **2 adult leaders**.
- If both sexes are present at an event, an **adult leader of each sex** must attend.
- Adult leaders must sign Trinity's sexual abuse policy every year.
- Adult leaders on youth events are expected to participate with youth in all activities throughout the event.

**Sleeping Arrangements**

- Ordinarily, **adults over age 18 WILL NOT share sleeping accommodations with youth**, EXCEPT for large dormitory sleeping arrangements in which more than one like-gendered adult is sleeping in the same room.
- **Rooms will not be mixed-gender.**
- Youth should be of similar age when possible.
- Like-gendered **youth may be expected to share a double (or larger) bed.**
- Youth may opt to bring a sleeping bag or air mattress to sleep on the floor.
- Parents will be notified of sleeping arrangements IN ADVANCE of trips.
- Ordinarily, adults will be housed in rooms with like-gendered adults.

**Meeting Spaces**

- **Any staff member, volunteer, or adult leader should avoid being left alone with one youth.**
- Meetings may occur in hotel rooms, under proper supervision.
- Adult leaders should act in a prudent manner if meeting one-on-one with a youth.  
For example:
  - The adult and youth should move to an open area where their interaction could be observed.
  - If it is necessary to meet one on one with a youth, the adult should take measures to ensure that there is an open door and another adult nearby.

**Safety Guidelines**

- Adult leaders are expected to set a curfew and continue supervision after 'lights out' to ensure safety of youth.
- Adult leaders must ensure that youth know where to locate them at all times.
- No youth should be allowed to leave the property without adult supervision.
- Youth participants should never be alone; use the buddy system.

\* In any and all situations, adult leaders should allow Pastor Rogers or Judy Bruschuk to handle issues that arise.

\* Never hesitate to call Pastor at 630-439-6176 or Judy at 630-220-6364.